

The Older People's Information Directory for Lambeth and Southwark



The directory contains:

- Sports and exercise classes
- Dementia services
- Social groups
- Lunch clubs
- GPs and pharmacies
- Craft and games clubs
- Libraries
- Opticians and dentists
- Housing and benefits advice services



And much, much more...

Where can I find it?

The website address is directory.ageuklambeth.org.uk

Or you can go through the Age UK Lambeth website.

If you don't use computers, call
Lambeth Resolve on 020 7095 5720
who will search it for you.



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